



STOP if not clear how to do the work



Working at Heights | Higher Risk Checklist

Mobile Elevated Work Platforms

When to use

Important: Use with applicable JLAs, Job Clearance Forms

Before working in mobile elevated work platforms (e.g. scissor lift, cherry picker etc.), when feet are more than 1.8 meters above grade, floor or surface

Determine if work can be completed without Working at Heights

For all working at heights:

- Assess if conditions are safe (weather/utility lines)
- Maintain 360 degree protection with solid railing
- Fall restrain/arrest system with harness applies **at all times** for all aerial lifts including **scissor lift** and **cherry-picker**
- Erect proper barricades, considering drop, tip, and buffer areas
- Requires a competent spotter on the ground
- Emergency rescue plan discussed with spotter



Always tie-off when working from an aerial lift

Work Order Number:

Site Location:

Contractor:

Date:

Description of work:

What is the worst thing that could happen to me?

BEFORE work begins | Select appropriate equipment and complete all steps

Done

Mobile Equipment

- 1. Ground conditions and terrain are stable and acceptable for equipment
- 2. Minimum required clearance between live electrical lines and any part of the personnel lift is ensured - see table
- 3. Confirm expected winds will not exceed equipment tolerance
- 4. Confirm work load (workers and equipment) does not exceed allowable weight
- 5. Pre-use equipment inspection completed by trained personnel
- 6. Spotter checks functionality of safety and emergency features

Voltage kV	Clearance m
< 50	3.1
50-200	4.6
201-350	6.1
351-500	7.6
501-750	10.7
751-1000	13.7

Done

Fall Protection

- 7. Fall Restraint / Fall Arrest equipment is inspected prior to each use e.g. full body harness, anchor connector and lanyard/self retracting lanyard
- 8. Safety harness fits appropriately and is used per manufacturer's instructions
- 9. Fall Restraint / Fall Arrest anchor points on the mobile equipment have been identified
- 10. **For Fall Arrest equipment, measurement calculations performed and equipment confirmed that worker will not hit the ground if fall occurs from height above 1.8 meters**

Name of worker:

Signature:

Date:

Name of spotter:

Signature:

Date:



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